

# McLean County Unit 5

## High School Meal Choices 2015-2016

### School Meal Deal

#### Breakfast

Includes 2 Grain or protein meal components, milk, 4 oz fruit juice and fruit \$1.35

#### Lunch

Includes choice of entrée below, 2 vegetables, fruit, 4 oz fruit juice, and milk. \$2.05

- Menued entrée
- Cold Sandwich on Bun
- Fruit & Yogurt Parfait w/Granola
- PBJ uncrustable with Cheddar Goldfish and either:  
String Cheese, 4 oz. Yogurt, Cottage Cheese, or Peanut Butter Cup
- Lender's Bagel with Cream Cheese and choice of 2:  
String Cheese, 4 oz. Yogurt, Cottage Cheese, or Peanut Butter Cup

(All 5 choices meet USDA requirements for reimbursable meals)

### Salad Bar

Choose from a variety of vegetables, fruits, salads, meats, and cheese on the salad bar plus crackers, roll or croutons, milk & 4 oz. fruit juice. \$2.05

(Meets USDA requirements for reimbursable meal)

### Deli

Select one of our special sandwiches from a variety of meats, cheeses, breads, and toppings such as: turkey, ham, roast beef, chicken salad; Provolone, Swiss, or American cheese; Avanti's bread, bagel, whole grain bread; & lettuce, tomatoes, onions, pickle.

- Sandwich with 1 side item\* \$2.15
- Sandwich with 2 side items\* \$2.60

#### Deli Wrap Sandwiches

Tuesday \$2.15

### Special of the Day

This item varies from day to day and includes combinations such as Monte Cristo Sandwich with Baked Chips, Crispy Boneless Chicken Wings w/Sauce, Carrots & Celery & Tri Taters; Manicotti with Garlic Toast & Salad; etc.

- Special with 2 side items\* \$2.25
- Special with 3 side items\* \$2.65

### Pizza

Papa Murphy's Pizza (cheese or 1 topping) \$2.25

- Pizza slice with 1 side item\* \$2.70
- Pizza slice with 2 side items\*

\*Side items: Milk (8oz.), Fruit, 100% Juice (4 oz), Fresh Vegetables (no doubles)

### Baked Potato w/Shredded Cheddar Cheese, Sour Cream or Margarine

On the salad bar Monday, Wednesday, & Friday \$1.75

### Low Fat Frozen Treats

- Soft Serve Yogurt - variety of flavors offered \$0.85

All serving lines have items sold a la carte: Breadsticks w/Pizza Sauce, Bagels w/Cream Cheese, Yogurt, Uncrustable PBJ Sandwiches, Desserts, Fresh Fruit, Bottled Water, Milk, 100% Fruit Juice, Soda & Snacks