

Fairview Elementary School Newsletter

October 2016



Unit 5 and Fairview Mission

Unit 5 will educate each student to achieve personal excellence. It is the mission of Fairview Elementary School to educate every Falcon to his/her potential. Our commitment is to foster life-long learning by recognizing and encouraging individual talents and capabilities through diverse opportunities.



We also strive to create a sense of community through respect, responsibility and cooperation in a safe, caring and healthy environment. By fully embracing this mission statement, we fully believe that each Falcon will spread his/her wings and fly.

We Believe We Can Fly!!!

School Hours

7:20 a.m. – Students can enter the building for breakfast.

7:43 a.m. – Students who are not eating breakfast can enter the building.

7:45 – School begins.

2:28 – Students who ride a bus or get picked up by a daycare are dismissed.

2:30 – Students who walk or get picked up by parents are dismissed.



Each day we have had approximately 20 students who are tardy. I am asking for your help in getting your child to school on time. Class begins exactly at 7:45 so any later than that is a disruption to the class and time that your child is getting behind in their learning.

Important Dates

October 28 – Treat Fest (5:30-6:30)

October 31 – Halloween Parade (1:30 p.m.), Class Parties (1:45-2:30 p.m.)

November 1 – PTO Meeting (6:30)

November 9 – Late Start (8:45), McTeacher Night at McDonald's (5-7)

November 11 – First Trimester Ends

November 15 – Angel Tree Forms Due

November 16 – Parent/Teacher Conferences (3-6)

November 17 – Parent/Teacher Conferences (3-6)

November 18 – Report cards can be viewed on-line.

November 23-27 – Thanksgiving Break



Class Compliment Party

Each month the classes at Fairview earn class compliment cards for good behavior. At the end of each month the classes count their cards. If a class has 20 cards then they can attend the class compliment party. This month's party will be a dance party. We have a parent that is a dance instructor at ISU and she and her students will be coming in to teach the students a dance. We did this last year and the students had so much fun. Next month's party will be "Pass the Hershey's Kiss".



Report Cards

Report cards will be available to view on-line on November 18th. Please remember that you can check your child's grades at any time during the school year. This is our first year for implementing standards based grading so please communicate with your child's teacher for any questions.

ARE YOU READY TO FIGHT THE FLU?

The Centers for Disease Control and prevention RECOMMEND THE FOLLOWING 3 ACTIONS:



Take time to get a flu vaccine.

- This is the most important step in protecting against flu viruses!

- The 2016-17 flu vaccine will protect against the influenza viruses that research indicates will be most common during the season. This includes an influenza A (H1N1) virus, an influenza A (H3N2) virus, and one or two influenza B viruses, depending on the flu vaccine.
- The nasal spray flu vaccine (live attenuated influenza vaccine) should not be used this year.
- **EVERYONE** 6 months of age and older should get vaccinated against the flu ASAP!

2

Take everyday preventive actions to stop the spread of germs.

- Cover your nose and mouth with a tissue when you cough or sneeze.
- Wash your hands often with soap and water and use an alcohol-based hand sanitizer.
- Avoid touching your eyes, nose and mouth. Germs spread this way.
- Try to avoid close contact with sick people.
- If you are sick with flu-like illness, CDC recommends that you stay home for at least 24 hours after your fever is gone (without the use of fever-reducing medicine) except to get medical care.

3

Take flu antiviral drugs if your doctor prescribes them.

- If your child develops flu-like symptoms call your pediatrician for advice.
- Antiviral drugs can make illness milder and shorten the time you are sick. They may also prevent serious flu complications.
- Flu-like symptoms include fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills and fatigue. Some people may also have vomiting and diarrhea. People may be infected with the flu, and have respiratory symptoms without a fever.

Susy Marcum, MSN, RN *Information from www.cdc.gov/flu

McTeacher Night at McDonald's

We will be having a McTeacher Night on November 9th from 5-7 at the Raab Road McDonald's. The staff at Fairview will be there raising money for our school's activity



fund. The activity fund is used for teacher supplies, prizes for the Falcon cart, special events and general supplies that are needed throughout the year. Please come out and help us raise money to replenish our funds.

Project Happiness

Our Project Happiness trait for this month is appreciation. The last Friday of each month we present one student from each class an award for showing that particular trait. We do this during morning assembly. The students who earn the award get a circle with their name on it and a description of how they showed that month's character trait. The circle is put on the tree located in the kindergarten, first and second grade hallway. This Friday we will be presenting awards to students who have shown appreciation. Next month's trait is passions and strengths. Please join us each month for the Project Happiness parent meetings. Mrs. Kinsey will send home monthly reminders in regards to the day and times of those.

The 7 Habits of Happy People

Relationships – Express your heart. People who have one or more close friendships are happier.

Acts of Kindness – Cultivate kindness. People who volunteer or simply care for others on a consistent basis seem to be happier and less depressed.

Exercise and Physical Well Being – Keep moving and eat well. Regular exercise has been associated with improved well-being and a lower incidence of depression.

Flow – If we are deeply involved in trying to reach a goal, or an activity that is challenging but well suited to our skills, we experience a joyful state called “flow”.

Spiritual Engagement and Meaning – Discover meaning. Studies demonstrate a close link between spiritual and religious practice and happiness.

Strengths and Virtues – Discover and use your strength. Studies by experts such as Martin Seligman in the new field of positive psychology show that the happiest people are those that have discovered their unique strengths.

Positive Mindset – Of all the areas studied in the relatively young field of positive psychology, gratitude has perhaps received the most attention. Grateful people have been shown to have greater positive emotion, a greater sense of belonging, and lower incidence of depression and stress.

Angel Tree

Fairview will be doing an angel tree again this year. If your family is in need please fill out the form below. It is due to your child's teacher by November 15th. Angels can be chosen from the tree starting November 28th through December 9th. Gifts for the angels should be returned to the office by December 20th.

“Angel Tree” Application
Due by Tuesday, November 15th

Parent Name(s): _____

Address: _____

Phone Number: _____

Reason for need: _____

Child’s Name:

Age:

Clothing/Shoe Sizes:

Other Gift Ideas:

Child’s Name:

Age:

Clothing/Shoe Sizes:

Other Gift Ideas:

* If you have more than two children in need, please use the back of this sheet to write down their information.