04-04-2015 --Springfield High Invite

Shot Put			**Discus**			**Pole Vault**		
Keith	45' 9"		Keith	151' 9"		Ryan	15' 0"	
Jack	39' 7"		Jack	99' 8"		Hunter	13' 6"	
Tony	33' 6"		Tony	106' 9"		Matt	10' 6"	
Triple Jump			**Long Jump**			**High Jump**		
Connor S.	39' 3.5"		Connor S.	19' 5"		Trevoun	5' 6"	
Trevoun	35' 3.5"		River	17' 0.5"		Fard	5' 4"	
			Emmitt	14' 8.5"				
			Jake	16' 9"				
110 HH			**300 LH**					
Josh	16.41		Josh	41.32				
River	18.23		River	50.86				
Trevoun	18.56		Trevoun	47.32				
			Hunter	47.92				
100 dash			**200 m**			**400 m**		
Dajour	11.36		Fard	25.08		Dajour	49.80	
Connor K.	12.28		Connor K.	25.44		Jonah	57.23	
Fard	12.40		Emmitt	31.43				
David	13.24		David	27.19				
Emmitt	13.92		Kwame	28.29				
Jake	13.15		Jake	26.70				
Kwame	14.10		Jirani	27.52				
Jirani	13.06							
800 m	400	800						
Nick	71	77	2:28.18					
Johnny	63	69	2:12.67					
Thomas	63	68	2:11.43					
Logan	65	69	2:15.02					
1600 m	400	800	1200	1600				
Matt	66	73	75	73	4:49.55			
Glenn	66	76	82	76	5:03.06			
Nick	71	74	97	79	5:21.38			
Jeff	71	76	99	82	5:28.88			
George	81	100	104	98	6:24.04			
Zaine	71	78	81	80	5:10.93			
Micah	76	75	94	83	5:29.08			
Ben	69	74	83	77	5:05.77			
Colin	72	79			5:15.54			
Spencer	74	75	97	79	5:25.28			

3200 m	400 / 800	1200 / 1600	2000 / 2400	2800 / 3200				
Ben	75 / 80	79 / 78	86 / 90	85 / 81	10:49.86			
Colin	75 / 80	79 / 78	85 / 89	82 / 76	10:36.91			
Glenn	75 / 80	79 / 77	75 / 80	80 / 74	10:27.22			
4 x 100 (1)			**4 x 100 (2)**			**1 - 1 - 2 - 4**		
Connor K.			Ryan			Connor K.		
Dajour			Connor S.			JJ		
Josh			JJ			Fard		
Keith			Jack			Alex H.	51	
	44.92			47.53			1:41.25	
4 X 400 (1)			**4 X 400 (2)**			**4 X 400 (3)**		
Alex H.	52		Connor S.	57		Johnny	58	
Josh	52		Ryan	55		Thomas	57	
Tyler	55		Matt	57		JJ	55	
Dajour	50		Adison	58		Logan	58	
	3:28.77			3:47.03			3:48.17	
1200-400-800-1600	400	800	1200	1600				
Tyler	62	68	74		3:24			
Adison	58				58			
Alex H	58	65			2:03			
Matt	69	76	75	74	4:54			
					11:22.45			