

Normal West Wrestling 2023-2024

January 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12/31	1/1	1/2	1/3	1/4	1/5	1/6
Winter Break	Winter Break	Winter Break	Winter Break	Winter Break	Winter Break	Winter Break
	No Practice	No Practice	No Practice	Practice 8:00 - 10:00AM	Practice 8:00 - 10:00AM	Morton INV
						Pekin JV
1/7	1/8	1/9	1/10	1/11	1/12	1/13
Winter Break	Institute Day	Practice 4:00 - 6:00	@ Centennial	Practice 4:00 - 6:00	Practice 4:00 - 6:00	Mahomet <small>(Marty Williams Inv)</small>
	Weights 4:00 - 5:00					Peoria JV
	Dinner 5:00 - 6:00					Oswego E Girls
	Practice 6:00 - 8:00					
1/14	1/15	1/16	1/17	1/18	1/19	1/20
	MLK Day	Practice 4:00 - 6:00	Weights 4:00 - 5:00	Practice 4:00 - 6:00	Practice 4:00 - 6:00	Big 12 (V & JV)
	No Practice		Practice 4:00 - 6:00			Peoria Richwoods Girls
1/21	1/22	1/23	1/24	1/25	1/26	1/27
	Practice 6:00 - 8:00	@ Mahomet	Weights 4:00 - 5:00	Practice 4:00 - 6:00	Girls Regionals	BHS JV Invite
			Practice 4:00 - 6:00		Practice 4:00 - 6:00	Girls Regionals
1/28	1/29	1/30	1/31	2/1	2/2	2/3
	Weights 4:00 - 5:00	Practice 4:00 - 6:00	Weights 4:00 - 5:00	Practice 4:00 - 6:00	1/2 Day	Lehr Army
	Dinner 5:00 - 6:00		Practice 4:00 - 6:00		Practice 4:00 - 6:00	Regionals
	Practice 6:00 - 8:00					