

FEBRUARY 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Open Running 2:45	2	3 Open Running 2:45	4	5 Open Running 2:45	6
7	8 Open Running 2:45	9	10 Open Running 2:45	11	12 Open Running 2:45	13
14	15 No School	16 Practice 2:45-4:30 Parent Meeting 5:00	17 Practice 2:45-4:30	18 Practice 2:45-4:30	19 Practice 2:45-4:30	20
21	22 Practice 2:45-4:30	23 Practice 2:45-4:30	24 Practice 2:45-4:30	25 Practice 2:45-4:30	26 Practice 2:45-4:30	27
28						

**Tradition has been set.
Tradition will continue.**

- *Win Metamora Invite*
- *Win Big 12 Outdoor Conference*
- *3 Events to CLASS 3A State*

MARCH 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 Practice 2:45-4:30	3 Practice 2:45-4:30	4 Practice 2:45-4:30	5 Practice 2:45-4:30	6 IVC Invite @ IWU 10:00
7	8 Practice 2:45-4:30	9 Practice 2:45-4:30	10 Practice 2:45-4:30	11 Practice 2:45-4:30	12 Indoor "Big 12" @ Danville 4:30 p.m.	13
14	15 Practice 2:45-4:30	16 Practice 2:45-4:30	17 NCWHS INVITE @ IWU 4:00 p.m.	18 Practice 2:45-4:30	19 Practice 2:45-3:45	20
21	22 No Practice Spring Break	23 No Practice Spring Break	24 No Practice Spring Break	25 No Practice Spring Break	26 No Practice Spring Break	27 Indoor Prep Top Times @ IWU
28	29 Practice 2:45-4:30	30 Practice 2:45-4:30	31 Practice 2:45-4:30			



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APRIL 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Practice 2:45-4:30	2 Practice 2:45-4:30	3
4	5 Practice 2:45-4:30	6 Home Meet vs NCHS/MacArthur 4:15 p.m.	7 Practice 2:45-4:30	8 Away meet vs Lincoln/Rantoul/ Eisenhower	9 Practice 2:45-4:30	10 Metamora Invite 10:00 a.m. Bus 8:00
11	12 Home Meet Vs NCHS/Pontiac 4:15 p.m.	13 Practice 2:45-4:30	14 Practice 2:45-4:30	15 East Peoria F/S Invite @ EP 4:00	16 BHS INVITE @ Bloomington 4:00 Bus 2:45	17
18	19 Practice 2:45-4:30	20 Practice 2:45-4:30	21 Home Choice Meet 4:15 p.m.	22 Practice 2:45-4:30	23 NCHS INVITE @ NCHS 4:30 p.m. Bus 2:45	24
25	26 Intercity @ Central Catholic 4:00	27 Practice 2:45-4:30	28 Practice 2:45-4:30	29 Practice 2:45-4:30	30 East Peoria Invite 4:00 p.m.	



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- **Win Metamora Invite**
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- **3 Events to AAA IHSA STATE**

MAY 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 Practice 2:45-4:30	4 Practice 2:45-4:30	5 Practice 2:45-4:30	6 Practice 2:45-4:00 "Pasta Dinner"	7 Big 12 Conference @ Danville	8
9	10 Practice 2:45-4:30	11 Practice 2:45-4:30	12 Practice 2:45-4:30	13 Practice 2:45-4:00 "Pasta Dinner"	14 IHSA SECTIONAL	15
16	17 Practice 2:45-4:00	18 Practice 2:45-3:45 Banquet 5:30	19 Practice 2:45-4:00	20 Travel to Charleston	21 IHSA STATE MEET	22 IHSA STATE MEET
23	24	25	26	27	28	29
30	31					

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- ***3 Events to AAA IHSA STATE***